



Sakae Ward, Japan



Name of the Community: Sakae Ward

Country: Japan

Number of inhabitants in the community: 123,798 (February 2013)

Safe Community Programme started year: 2010

International Safe Communities Network Membership:

Designation year: 2013

Name of the Certifying Centre: Certifying Centre for Safe Communities in Ajou University School of Medicine and Public Health, Suwon, Korea

Info address on www for the Programme:

<http://www.city.yokohama.lg.jp/sakae/sidemenu/safecommunity/>

For further information contact:

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Country: Japan

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Info address on www for the institution (or community as a whole):

<http://www.city.yokohama.lg.jp/sakae/sidemenu/safecommunity/>

For the age group

Children 0-14 years:

Home:

- Leaflets to education on preventing child accidents
Leaflets listing information on accidents that often occur at home are distributed.
- Danger prediction training
Trainings are carried out so that children learn how to predict and avoid danger.
- Hello Baby Visits
Homes with an infant up to 4 months old are visited to provide parenting advice and information.
- Administrative activities
The Sakae Ward Office has various activities intended to support parenting from the perinatal period. These include home visits by specialists and counseling sessions and relaxation activities intended to ease any anxiety toward parenting. The following activities are also promoted to support parents raising their children at home.
 - Nursery schools: Opening of schoolyard, lunch programs, storybook library, etc.
 - Community Support Center for Child Rearing:
Facility to provide a place for parent and child exchange, parenting consultations, and training of parenting supporters. Operated by social welfare service companies.
 - Infant and toddler temporary nursery:
Anyone can temporarily leave his or her child at the nursery for any reason for a small fee.

Traffic:

- Preparation of traffic safety map
A map listing hazard spots, such as traffic accidents, has been prepared. These are used during educational activities for persons watching children (mimamori) and senior citizens.
- Traffic safety campaign
Traffic safety is publicized.



Summer Traffic Accident Prevention Campaign

- Traffic safety classes
Traffic safety classes are held for children and senior citizens.
- Bicycle Helmet Promotion for toddlers and school children
Use of bicycle helmets is promoted through handbills and campaigns.
- Child seat seminar

Child seat seminars are held for guardians.

- Maintenance of road environment

Road environment has been modified by using colored pavement or sidewalks in road shoulders in areas with high rate of accidents.

School:

- Watching children commuting to and from school by community residents

Children are watched as they go to and come home from school.

- Greenery of school yards and parks

The administration is promoting greenery in schoolyards, kindergarten yards and parks to create an environment where children can play safely. These areas are maintained and controlled by community residents.



Greenery of school yard

- Management and inspection of facilities and playground equipment

Facilities and playground equipment at parks and schools, etc., are managed and inspected.

- Physical strength improvement programs

Physical strength improvement programs for children are carried out at elementary/jr. high schools.

- Cyber classes

Seminars are held at schools, etc., to prevent damage from cyber crimes.

- Traffic safety classes

Traffic safety classes are held for children and senior citizens.



Traffic safety class

- Disaster prevention classes

Disaster prevention seminars are held for elementary school students, our future disaster prevention personnel.

Youth 15-24 years:

Home:

- Promotion of residential smoke detectors installation
Events and campaigns are used to alert people to install residential smoke detectors.



Promotion of residential smoke detectors installation

Traffic:

- Preparation of traffic safety map
A map listing hazard spots, such as traffic accidents, has been prepared. These are used during educational activities for persons watching children (mimamori) and senior citizens.
- Traffic safety campaign
Traffic safety is publicized.
- Maintenance of road environment
Road environment has been modified by using colored pavement or sidewalks in road shoulders in areas with high rate of accidents.

Sports/leisure:

- Increasing participants in sports events
Sports events such as road races, etc., are held and ward residents are encouraged to participate.
- Seminars and one-point advice on preventing injuries during events
Advice on preventing injuries is given at sports events, etc.



Seminar on preventing injuries

Adults 25-64 years:

Home:

- Promotion of residential smoke detectors installation
Events and campaigns are used to alert people to install residential smoke detectors.

Traffic:

- Preparation of traffic safety map

A map listing hazard spots, such as traffic accidents, has been prepared. These are used during educational activities for persons watching children (mimamori) and senior citizens.

- Traffic safety campaign
Traffic safety is publicized.



Traffic Safety Festival “Scared Straight”

- Maintenance of road environment
Road environment has been modified by using colored pavement or sidewalks in road shoulders in areas with high rate of accidents.

Occupational:

- Labor monitoring
In accordance with labor related laws, workplaces are visited to confirm that laws, etc., to be complied with, and to improve work conditions.

Sports/leisure:

- Increasing participants in sports events
Sports events such as road races, etc., are held and ward residents are encouraged to participate.
- Seminars and one-point advice on preventing injuries during events
Advice on preventing injuries is given at sports events, etc.

Elderly 65+ years:

Home:

- Classes and seminars for preventing long-term care
Activities to promote senior citizens voluntarily prevent long-term care are supported.



Classes for preventing long-term care

- Genki Station (fall prevention program)
Community residents hold voluntary long-term care prevention activities, and the administration supports these activities.
- Physical strength improvement and brainpower improvement program

Sakae Ward's original long-term care prevention program has been created is promoted.

- Dementia supporters
Seminars to help ward residents increase understanding toward dementia are held.
- Community watching over activities network
Senior citizens are watched over with meal delivery services, etc. so that senior citizens needing assistance can be identified and supported at an early stage.
- Wandering Senior Citizen SOS Network
Senior citizens with dementia and their families are supported.
- Care-needing Senior Citizen Supporter Liaison Council
Liaison meetings are held for workers from long-term care insurance businesses and medical institutions, etc.
- Promotion of residential smoke detectors installation
Events and campaigns are used to alert people to install residential smoke detectors.

Traffic:

- Preparation of traffic safety map
A map listing hazard spots, such as traffic accidents, has been prepared. These are used during educational activities for persons watching children (mimamori) and senior citizens.
- Traffic safety campaign
Traffic safety is publicized.
- Traffic safety classes
Traffic safety classes are held for children and senior citizens.
- Maintenance of road environment
Road environment has been modified by using colored pavement or sidewalks in road shoulders in areas with high rate of accidents.

Sports/leisure:

- Increasing participants in sports events
Sports events such as road races, etc., are held and ward residents are encouraged to participate.
- Sports activities for senior citizens
Various sports events, such as walking, which senior citizens can easily participate in are held.
- Seminars and one-point advice on preventing injuries during events
Advice on preventing injuries is given at sports events, etc.

Natural Disaster:

【Securing and training personnel to help in community disaster prevention】

- Voluntary fire corps
Voluntary fire corps are advertised at events, etc., to increase members.
- Disaster prevention classes
Disaster prevention seminars are held for elementary school students, our future disaster prevention personnel.

- Life-saving classes
Lifesaving trainings are held for jr. high and sr. high students.
- Disaster prevention license leaders
Seminars are held to increase the number of community residents who can handle disaster prevention equipment stored at community disaster bases.

【Drills at community disaster prevention bases】

- Drills at community disaster prevention bases
Community residents have opened an evacuation center, and are being training to run it.



Drills at community disaster prevention bases

- Volunteer Center
A center to accept volunteers from outside the Ward in the event of a disaster will be started up and management training will be held.

【Extensive disaster prevention publicity】

- Disaster prevention field seminars
Administration employees, etc., hold field seminars to enhance community awareness on disasters.
- Using mobile devices
Information on disasters is swiftly announced using e-mails and twitter, etc.
- Hazard maps
A map listing hazardous spots in the event of an earthquake, floods or landslides, etc., and showing evacuation sites will be prepared and distributed.

【Support of people requiring assistance in event of disaster】

- Support of people requiring assistance in event of disaster
A system will be set up to find persons requiring assistance in the community, and to enable safe evacuation of these persons in the event of a disaster.

【Preparation for water damage】

- Measures and training for water disasters
Evacuation and lifesaving skills will be practiced, etc., in preparation for flooding or landslides, etc., that could occur during torrential rains.

【Fire prevention】

- Patrols to prevent arsons
Patrols are carried out to prevent arsons.

Violence prevention (child abuse):

【Creating a climate to support parenting in community】

- Hello Baby Visits
Homes with an infant up to 4 months old are visited to provide parenting advice and information.



Sakae Ward Original File

Hello Baby Visitors provide mothers with a variety of information in this file.

- Parenting seminars
Seminars regarding parenting are held.

【Training of staff to support parenting】

- Parenting supporters
Seminars to train parenting supporters are held.
- Parenting support network
A network of parenting supporters is established to provide information and provide opportunities for consultations.

【Creating organization to distribute information】

- Community Center for Child Rearing
A place for parents with infants and toddlers to meet is managed. Parents can consult and receive information here.
- Distribution of information through website and gazettes
Information on consulting services and parenting are provided through the Ward's website and gazettes.
- Advertisement of Yokohama Children Abuse Hotline
Telephone services specializing in abuse are advertised in the gazette.
- Child Abuse Prevention Liaison Council
Meetings to help identify and handle child abuse at an early stage are held.
- Daycare services
Daycare services, including the organization of nursery schools and temporary daycare for infants and toddlers have been increased.

Violence prevention (senior citizen abuse):

- Dementia supporters
Seminars to help ward residents increase understanding toward dementia are held.
- Community watching over activities network
Senior citizens are watched over with meal delivery services, etc. so that senior citizens needing assistance can be identified and supported at an early stage.
- Wandering Senior Citizen SOS Network
Senior citizens with dementia and their families are supported.
- Care-needing Senior Citizen Supporter Liaison Council
Liaison meetings are held for workers from long-term care insurance businesses and medical institutions, etc.

Suicide prevention (self-inflicted injuries):

- Preparation and distribution of leaflets and educational material
Leaflets and educational materials are distributed at events, etc. to increase Ward resident understanding on suicide prevention.
- Training of Gatekeepers
Seminars are held to train all Ward residents as gatekeepers.



Gatekeeper Seminar

- Advertising of consulting services
Information on consulting services for people with worries will be advertised with leaflets, etc.
- Operation of life support center
Life support and consultation, and community exchange activities are held to promote independence of mentally challenged people and help them return to society.
- Sakae Ward Mental Health Support Network
Seminars to review cases and exchange information, etc., are held for mental health specialists.

Programs aiming at "High risk-groups":

The High risk-groups are:

- (1) Abused people (children): Refer to "Violence prevention (child abuse)"
- (2) Abused people (senior citizens): Refer to "Violence prevention (senior citizen abuse)"
- (3) Those at risk for intentional injuries including self-harm: Refer to "Suicide prevention"
- (4) Those at risk for injuries from natural disasters: Refer to "Natural Disaster: Support of people requiring assistance in event of disaster"

Surveillance of injuries:

In Sakae Ward, the following data is continuously collected and analyzed to chronologically understand the current situation and challenges.

- Vital statistics
This survey covers all births, deaths, marriages, divorces and stillborns as stipulated by the laws of the country. This data is used for comparison with the country, and as long-term index for programs in Sakae Ward.
- Emergency transport records
These statistics are provided from the Yokohama City Fire Station. Since it is difficult to collect medical information in Sakae Ward, the emergency transport records are used for injury data. This data is especially valuable for understanding the situation of sports injuries and work-related injuries, which are not recorded in vital statistics.
- Police statistics
These statistics provide information on traffic injuries, suicides and crime in the ward.

Numbers per year: 1,279(2010)

Mortality data: approximately 60 cases

Injury data: 1,200 - 1,400 cases

Started year: 2010

Publications:

Produced Information material:

Leaflets

Action Plan for Promoting Safe Community Activities

Video: Suicide Prevention

<http://www.youtube.com/watch?v=dcxMafEpFTU&feature=youtu.be>

Video: Disaster preparedness

<http://www.youtube.com/watch?v=JycGZUcn0po&feature=youtu.be>

Staff



Photo of leader: Fujio Onaka, Sakae Ward Director General

Number: 3

Professions: Sakae Ward administrative officers (full-time)

Organization:

Cross-sectoral leadership group for safety promotion: Safe Community Steering Committee

General public health/health promotion group: Sakae Public Health and Welfare Center

International commitments:

Participation in Safe Community conferences:

Overseas

- Oct. 2010 19th International Conference on Safe Communities (Suwon, South Korea)
- Apr. 2011 International Symposium on Safe Communities in Taiwan (Taipei, Taiwan)
- Sept. 2011 20th International Conference on Safe Communities (Falun, Sweden)

Japan

- Nov. 2010 Community Security and Safety Festa 2010 in Atsugi (Atsugi City)
- Nov. 2011 General meeting to establish All Japan Safe Communities Promotion Municipality Network Conference (Atsugi City)
- May 2012 Safe Community Designation Ceremony in Minowa-machi, Nagano Prefecture (Minowa-machi)